**Making Flour**

**Science Experiment**

**Method**

1. Put 1 cup of wheat into the blender, and blend.

2. It will take about 2 minutes to make flour. Stop the blender regularly and pour a small amount out onto the plate, allowing the children to feel the texture.

3. Add 1 tablespoon of grains into the mortar. Using the pestle, allow the children to attempt to make flour by crushing the grains.

**You will need:**
- Wheat grain or wheat berries
- Blender
- Pestle and mortar
- Plate